

# Respite

Your voice, your future

*For Carers Supporting a Person with a Disability*



sunnyhaven

Disability services

unleashing the Extraordinary

# Sunnyhaven Community Living Program - Respite

## **Sunnyhaven Community Living Program - Respite provides support to:**

- Build relationships and trust with families.
- Strengthen independence skills.
- Strengthen formal and informal support networks.
- Provide a person centred approach that assists the families to plan for the future.
- Is flexible to meet the changing needs of individual families.



# What is the cost?

This program is funded by Ageing, Disability & Homecare.

We provide one unfunded bed and cost will be dependent on need.



## our values

- Professional Excellence
- Respect and Recognition
- Integrity
- Innovation

# How else can we support you?


Sunnyhaven has a Community Connections Program and Therapy Services for children which may meet your future needs.

## **Who is eligible for Respite?**

Anyone with a disability who is over 18 years of age.

## **How often can you stay?**

Funding for a centre-based respite place provides 25 days respite per year.



TO KNOW THAT  
ONE LIFE HAS BEEN  
MADE EASIER IS TO  
KNOW WE HAVE  
SUCCEEDED

# What is Respite?

- It enables carers and the people they care for to have a break from their regular care.
- Provides support to families and carers as they move through different life stages.
- Strengthens the independence skills and community access experiences of the person with a disability.

# What does Respite mean to me?

## Testimonial

"Thank you so much for looking after Kris and for being so accommodating. I honestly can't tell you how appreciative we are for all that you have done for us."

"Kris absolutely loves it there. The team at Sunnyhaven welcomes him time after time and treat him wonderfully"

*Thank you Amanda*



## HOW TO CONTACT US

### **Respite**

404 Princes Hwy, Sylvania  
Tel: 95447986 or 95885433

More information about Sunnyhaven  
can be found at:

**[www.sunnyhaven.org.au](http://www.sunnyhaven.org.au)**

*This program is supported by  
Ageing, Disability and Homecare*

Teamwork makes  
the dream work